

90

DAYS WITH
JESUS
DEVOTIONAL

DAY 9 START WITH YOU

“The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these.”

MARK 12:31 (NLT)

According to our text scripture, there is first a loving of yourself, before a loving of your neighbor. It's okay to show yourself some self-love. Jesus prescribes it. Agreed, some people's self-love borders on vanity but that doesn't mean you should deny yourself a healthy dose. If you don't first love yourself, how can you love someone else? You can't give what you don't have.

Part of being responsible is taking really good care of yourself. Look good, eat well and eat right, exercise, have fun, relax and enjoy life. Being a Christian doesn't mean you should be stuck up and stiff. It doesn't mean you should live a boring life. Jesus said He came to give us all things to richly enjoy so have an abundance of joy, be happy, do it with Jesus at the centre and then and only then can that joy and love overflow to other people.

FURTHER STUDY: 1 Corinthians 3:16-17, 1 Timothy 4:8 (NIV), John 10:10, Romans 12:1